



@CKO

The College's official publication

November/December 2022

Quality assurance activities

The College has a Quality Assurance (QA) Program that is educational and designed to help kinesiologists keep their knowledge and skill up to date, which helps ensure the public receives competent, professional, ethical and quality care and services.



Recent quality assurance activities include the following.

1) Peer and Practice Assessment Program

The Peer and Practice Assessment (PPA) Program is part of the College's Quality Assurance Program. The program happens twice yearly in the spring and fall. The goal is to assess the practice of kinesiologists through the lens of the [Essential Competencies of Practice for Kinesiologists in Ontario](#) and the College's [Practice Standards](#).

The PPA is a structured interview conducted by peer assessors who are members of the College and have volunteered for this duty. The interviews are three hours and conducted virtually. The PPA participant and peer assessor work with College staff to find a date and time to hold the assessment.

After the assessment is complete, the peer assessor submits a report to the College, which is then provided to the kinesiologist. The kinesiologist can send a written submission to reflect upon and address any opportunities for improvement identified in the report.

The PPA report, along with the kinesiologist's submission and regulatory history will be considered by the Quality Assurance Committee (QAC), who will determine if the kinesiologist has demonstrated the knowledge, skill and judgment expected of the profession. The QAC may also take specific action or make recommendations that may include (but are not limited to) directing the kinesiologist to provide further reflection on their practice or engage in specified or directed professional development.

2) eLearning Module: Ethics and Professionalism

Recently, some members of the College were required to complete the Ethics and Professionalism eLearning module by November 1. Completion of this module is a good opportunity to reflect on ethical practice, and the professional boundaries and issues that arise while practising.

Questions about the College's quality assurance activities? Contact the College at practicecoordinator@coko.ca.

Learn more about the College's QA Program

Terms of reference for committees updated

The terms of reference for the Entry-to-practice Examination Committee and the Item Writing Committee were recently updated and approved by Council at the September 26 meeting. The review was undertaken to ensure that the terms of reference were up to date and in keeping with existing by-laws and legislation.

Both revised Terms of Reference for the Entry-to-Practice Examination Committee and the Item Writing Committee can be found in [Schedule 4 of the College's by-laws](#).

Top questions this month

The College of Kinesiologists of Ontario offers a practice advice program to provide appropriate guidance to kinesiologists and the public and other stakeholders.

This month, the top questions the College received focused on the following areas.

Titles and designations: How can I state that I am a retired kinesiologist?

The College does not have a “retired” or “emeritus” designation. Only members of the College may use the title kinesiologist (or approved variants, such as R. Kin for a kinesiologist in the General Class, or R. Kin (Inactive) for a kinesiologist in the Inactive Class).

Record keeping: What should I consider when switching to an Electronic Medical Record (EMR) system?

A kinesiologist who is considering using an EMR system for patient records must ensure that the EMR is compliant with the [Personal Health Information Protection Act \(PHIPA, 2004\)](#) and any other applicable legislation. The kinesiologist must also ensure they follow the College's [Practice Standard – Record Keeping](#) when using EMRs.



Clinical practice: My role is supporting and assisting another health care

provider. Am I still practising kinesiology?

Kinesiologists who are unsure whether they are practising within the scope of practice of kinesiology may refer to the following College resource: [Am I practising kinesiology?](#)

Have questions? Contact Professional Practice

Call for information: Complementary and alternative therapies

The College is looking for information regarding your practice!

We want to learn more about the complementary and alternative therapies that you are using or may consider using in your practice.

Complementary and alternative therapies are therapeutic practices, services, remedies, or devices based on various theories or beliefs, which may or may not be grounded in evidence-based practice and scientific principles.

To share your experiences, please reach out to Professional Practice at professionalpractice@coko.ca



Case of the month: Documenting and invoicing third parties and clients

Scenario

A kinesiologist recently started working with Motor Vehicle Accident (MVA) patients at community-based clinic. The kinesiologist provides independent kinesiology assessment and treatment to their patients. Part of the kinesiologist's role involves completing Treatment and Assessment Plan (OCF-18) forms, to be submitted in accordance with the Health Claims for Auto Insurance (HCAI) guidelines for billing purposes.



Question

The kinesiologist has noticed that “Kinesiologist” is listed as a “Health Practitioner” option when completing part 4 of the OCF-18 (but is included in the list of “Regulated Health Professionals” in part 5 of the OCF-18). The kinesiologist should:

1. Ask the College to advocate to have kinesiologists included under part 4 of the OCF-18.
2. Complete and sign part 4 of the OCF-18.
3. Review the HCAI guidelines and complete the OCF-18.
4. Arrange for another health practitioner who works at the same clinic to sign

Response

(3) - The HCAI guidelines are set out by the Financial Services Regulatory Authority of Ontario (FSRA) in accordance with the Statutory Accident Benefits Schedule (SABS). The College does not issue or maintain these guidelines. While the College does offer some information on this topic, kinesiologists are responsible for following the documentation and billing requirements of any third-party payor.

Learn more about [documenting and invoicing third parties and clients](#)

Updates to practice standards

The College has been reviewing its policies, standards and guidelines to ensure all resources are current. The basis of this review is to capture changes in legislation and to ensure that the applicable standards and guidelines are in compliance with the Spousal Exception and Guideline Resolution. The following three practice standards were recently reviewed and updated, and approved by Council at their meeting on September 26.

- [Record Keeping](#)
- [Discharging a Client](#)
- [Dual Health Care](#)

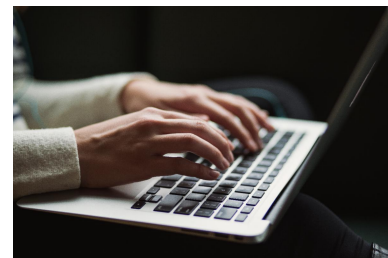
Continued improvements to our practice standards helps to ensure our public protection mandate. If you have any questions, please contact [Professional Practice](#).

Learn more about practice standards

April 2023 entry-to-practice exam

The College's fall sitting for the entry-to-practice exam is scheduled for Wednesday, April 19, 2023. The exam will be offered online and remotely proctored.

Applicants need to have a good understanding of the competencies outlined in the Kinesiologist Core Competency Profile and should also review all Practice Standards and Guidelines. There is a free practice test complete with additional resources that can be reviewed at [practice test and other study resources](#)



We encourage applicants to visit our [website](#) for details on testing accommodations, deadlines, deferrals, withdrawals, and much more. Watch for the College's webinar that shares information about the exam, including what to expect and how to prepare. If you have questions, please contact us at

Review frequently asked questions

Keep your information current

Remember to let us know if there are any changes to your employment information, address or contact details including changes to your primary email address – within 30 days of the change.

To check the information we have on file for you, go to the [Public Register](#).

Please use the [Employment and Contact Information Change form](#) to let us know about any changes. You can also email the College at info@coko.ca if you have any questions.

Update your information

Please do not unsubscribe if you are registered with the College. If you do unsubscribe, you will be contacted by staff to re-subscribe as the College primarily communicates to registrants via email. We strive to keep communications relevant and to a minimum. Information regarding registration matters (annual renewal deadline, quality assurance requirements, etc.), and important news and updates are sent via email. The College works on the assumption that all registrants receive all of our emails.

