

Remediation Plan Guide

If you fail the entry-to-practice examination twice and wish to write a third time, you are required to submit a completed remediation plan to the Registration Committee for approval prior to taking your final attempt.

The purpose of this guide is to help you prepare a plan and to target your study and practice efforts. Please use this guide when developing your remediation plan. Once completed, submit your plan to the Manager, Registration Services for review. You will be provided with feedback.

In your plan be sure to:

1. Briefly describe any factors that may have contributed to you being unsuccessful in the past.
2. Include the following elements:
 - a. Identify the areas on which you will focus your study;
 - b. Establish learning goals based on your self-assessment; and
 - c. Describe details of how you plan to meet these learning goals.
3. Include a study schedule and proposed date of completion that you intend to follow as you prepare for the exam.
4. Include a letter from an employer or a mentor if applicable.
5. Consult the College's examination reference list.

Self-assessment phase

It is recommended that you critically analyze your results from the two previous examinations to identify where your study efforts may be improved.

Review your past two candidate performance profiles – in what areas of the examination were you unsuccessful? Carefully review the profiles you received from the College which will identify areas of weakness. These should be the first areas that you target in your study. Compare the results you received from the candidate performance profile to the Kinesiologist Core Competency Profile and the Examination Blueprint.

The examination is based on the Kinesiologist Core Competency Profile. It lists the minimum knowledge, skills and judgment that you need to have in order to successfully pass the entry to practice exam.

Planning phase

- 1. Identify specific learning goals for each broad competency category that was identified in the examination results, for example:**
 - *Professionalism/Professional Practice*
 - *Adhere to guidelines and standards for documentation and reporting.*
- 2. Describe how you plan to meet these learning goals**

Your learning plan should be specific, actionable, and designed to enhance your understanding and ability to practise. Consider how you prefer to learn (seeing, doing, listening) as you plan the activities that may be required – this will help you to identify the study techniques and resources that work best for you. A mix of study, review and practical experience is recommended. You may wish to volunteer in a clinic, work with other health care professionals as an assistant, and possibly seek mentoring from a registered kinesiologist. Use the Public Register of Kinesiologists to find a registered kinesiologist in your area. At the same time, take into consideration what you have done in the past. What is and isn't working for you? Perhaps you need a new approach. Here are some suggestions for your consideration:

- Identify reading materials: This can be your text books, classroom notes, College materials (standards, guidelines, and/or standards set by other professions and groups including CSEP and the ACSM). Identify the areas that you really feel you need to focus on – refer to your self-assessment and your exam results.
- Find a tutor: Do you study more effectively with a partner? Would it help to get a tutor to assist you in preparing to write the examination again? Think about work colleagues or someone you went to school with. They may be an effective resource to you while you prepare to write the examination.
- Refresher courses/distance education courses: Visit the kinesiology department of your nearest university and talk to professors or the department chair. Correspond with your own university. They want you to be successful and may have ideas on how to refresh your learning.

Other considerations:

- Test ability: The examination is multiple choice. How do you approach multiple choice exams? There is a wealth of information online about how to successfully approach these types of exam. There are also suggestions in the Examination Guide and Practice Test.
- Examination Guide and Practice Test: Use the practice test that the College has provided on its website. This has questions drawn directly from previous exams so they reflect the types of questions you will see on the examination.
- The College believes that applicants would do better at examination if they gain some practical experience.
- Reference the Kinesiologist Core Competency Profile to your school program and find your study notes, book chapters, etc. that cover the material.

Resources:

- [Kinesiologist Core Competency Profile](#)
- [College practice standards and guidelines including webinar and FAQs](#)
- [College's examination reference list](#)

3. Set out a study schedule with completion deadlines

It is a good idea to set a deadline for you to complete your learning goal(s). Carefully monitor your time and set out a timetable that will help keep you on target. Record your progress, keep on track – don't rely on your memory. Using a table may assist you in following your study plan and will serve as a record of your achievements. This timeline should include activities leading to the examination date.

Your timeline should show what you have completed, what you are completing and what you plan to complete up to the date of the exam.

Example:

Time period	Competency/with sub-category	Resources required	Date completed
Week 1	<i>Knowledge – Demonstrate an understanding of ergonomics</i>	<ul style="list-style-type: none">• Review notes• Review textbook• Discuss with my tutor	August 1

4. Include a letter from an employer (or supervisor) if you are currently working or volunteering.

If you are working with a mentor who is registered with the College, your mentor is expected to submit a letter detailing the training parameters. This letter should include the mentor's name, registration number, contact information and date of registration with the College. The College believes that applicants would do better at examination if they gain some practical experience.

5. Utilize the College's resources

You are expected to consult the College's reference list, however you should also use other available resources related to competencies. This should be seen in the resource section of your plan. Be specific about the chapters you have read and focused on.

6. Track and record your efforts

Be sure to record what you are doing to prepare for the examination. You may want to review this with a mentor or a student advisor from the university. You will have to provide evidence of having completed a remediation plan before your application to re-write the examination is by the Registration Committee.

Submitting your remediation plan

Please submit your completed remediation plan to the College using one of the following options:

Mail:

College of Kinesiologists of Ontario
Attn: Director of Registration
1881 Yonge St., Suite 200
Toronto, ON M4S 3C4

OR

Email: info@coko.ca

If you have any questions, please call (416) 961-7000 ext. 105